



*Service...Above and Beyond*

**QUICK FACTS:**

- CESA #4 has provided alcohol, tobacco, and other drug prevention for over 25 years.
- Substance abuse prevention programs are economically beneficial, with a nearly \$10 return for every dollar invested in prevention.
- All services are evidence-based.

**Fees:**

- Level 1: \$**  
**\$500 for 1,000 students or less**  
**\$1,000 for 1,001 students or more**

- \*Level 2: \$**  
**Specify # of days \_\_\_\_\_**

**CESA contact made with**  
 \_\_\_\_\_

**For more information:**  
 Tracy Herlitzke  
 (608) 786-4838  
 therlitzke@cesa4.org

## Safe and Healthy Schools Prevention Services

\*In order to offer the highest level of customer support, days purchased in this package must be designed in partnership with the consultant listed below **prior to submitting this contract page.**

Tracy Herlitzke therlitzke@cesa4.org

The purpose of Safe and Healthy Schools Prevention Services is to lead, support, and educate schools to graduate safe and healthy youth. We will offer approximately five to ten workshops to assist districts in responding to needs identified through local district needs assessment and school/community requests. Schools will receive support administering the Youth Risk Behavior Survey and/or technical assistance writing grants that promote safe and healthy schools. Schools participating in Level 1 Basic Service will pay no fee to attend Safe & Healthy Schools events held at CESA #4.

**Level 1—Basic Service**

Examples of scheduled workshops may include, but are not limited to, the following:

**Adult Trainings:**

- School Safety Planning and Emergency Preparedness
- Trauma Sensitive School Practices
- Mental Health Issues (Suicide, Depression, Anxiety, Substance Use, and Interventions)
- Bullying Prevention
- Emerging Drug Trends

★ *(Enrollment fee calculations are based on the student enrollment numbers found on the Student Enrollment Table in the introductory section of the CESA #4 online catalog.)*

**Level 2—Customized Prevention Service by Design**

This service offers your district the opportunity to build a customized, on-site professional development plan. Services can be offered through early release days, late start times, professional development days, or through grade level and collaboration meetings based on your schools' schedules.

Some of the topics available: alcohol and other drugs, bullying prevention, grant writing, data collection, suicide prevention, social and emotional skill development, youth leadership, Youth Risk Behavior Survey reporting, and other related topics.

We can come to you to provide the following service:

- Staff development on any of the topics
- Youth presentations
- Curriculum development or instruction
- Parent education
- Youth Risk Behavior Survey administration, report development, or presentations
- Grant writing, program planning, implementation, or evaluation

1 – 10 days @ \$750 per day  
 11 – 25 days @ \$700 per day  
 Over 26 days @ \$650 per day

**School District of:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_